



Choose the appropriate word to complete the sentence: \_\_\_\_\_  
we do exercise, we will remain healthy.

\_\_\_\_\_ we do exercise, we will remain healthy.

- A. Unless
- B. If
- C. When
- D. More

Show Answer...

**Correct Answer: B (If)**

## Explanation:

The word “if” is used in conditional sentences to introduce the circumstances in which an event or situation might happen, might be happening, or might have happened.

In this context, the correct answer is B, “If,” because it introduces the condition that doing exercise is necessary for remaining healthy. The sentence is presenting a conditional statement that implies a cause-and-effect relationship between doing exercise and maintaining good health.

Option A, “Unless,” is not the correct answer because it would reverse the meaning of the sentence. “Unless” introduces a negative condition and would change the meaning to imply that without exercise, we will remain healthy, which is not the intended meaning.

Option C, “When,” is also not the correct answer because it does not convey the same conditional meaning as “if.”

Option D, “More,” is not the correct answer. “More” is not suitable to complete the sentence and does not introduce a conditional relationship between exercise and health.

In summary, the correct answer is B, “If,” as it properly introduces the conditional clause in the sentence.



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