

The Idiom “Burn the candle at both ends” means

- A. To waste resources
- B. To work hard and play hard
- C. To stay up late and wake up early
- D. To procrastinate

Show Answer...

Correct Answer: C (To stay up late and wake up early)

Explanation:

The idiom “Burn the candle at both ends” refers to a situation where someone is exerting themselves too much, often by working long hours or staying up late and waking up early, causing them to use up their energy and resources too quickly.

It implies that someone is not taking enough time to rest and recharge, and may lead to burnout or exhaustion.

The phrase likely originated from the idea of burning a candle at both ends, where the flame consumes the wax at a faster rate, leading to the candle burning out more quickly.

So, the correct answer is C (To stay up late and wake up early).

Conclusion:

Understanding idioms is an important part of language learning. By knowing the meanings of common idioms, you can better understand and communicate with native speakers.

Now that you know the meaning of “Burn the candle at both ends,” try using it in a sentence to impress your friends or colleagues!

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