



What is meant by the idiom “Throw in the towel”?

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To clean up a spill

To begin a towel fight

To toss a towel into a laundry hamper

To admit defeat or give up

Show Answer...

**Correct Answer: D (To admit defeat or give up)**

## What is meant by the idiom “Throw in the towel”?

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C. To toss a towel into a laundry hamper

D. To admit defeat or give up

### Explanation:

The phrase “**Throw in the towel**” can easily mislead someone into thinking it has something to do with cleaning or laundry. However, it actually originates from boxing. In this sport, throwing a towel into the ring signifies that a boxer or his team is conceding the match. In everyday language, this idiom means **giving up or admitting defeat** after facing insurmountable difficulties.

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