

# What is the definition of karma?

- A. A type of meditation
- B. The Buddhist holy book
- C. The consequences of one's actions
- D. The cycle of birth, death, and rebirth

Show Answer...

**Correct Answer: C (The consequences of one's actions)**

## Explanation:

Karma is a concept found in Hinduism, Buddhism, and other Eastern religions. It refers to the consequences of one's actions, both good and bad. In other words, karma is the law of cause and effect.

According to the concept of karma, every action we take has consequences that determine our future experiences. If we do good things, we create positive karma that will result in good things happening to us in the future. Conversely, if we do bad things, we create negative karma that will result in negative things happening to us in the future.

Karma is often associated with the idea of rebirth or reincarnation. The accumulation of karma over a lifetime determines the nature of one's rebirth, and the cycle of birth, death, and rebirth continues until the individual achieves spiritual enlightenment and breaks free from the cycle.

In summary, karma is the concept of the consequences of one's actions. It is a fundamental concept in many Eastern religions and is often associated with the idea of rebirth or reincarnation.