

## What is the largest organ of the Human Body?

A.	Liver
B.	Brain

C. Skin

D. Bone

Show Answer... Correct Answer: C (Skin)

## **Explanation:**

The largest organ of the human body is the skin. It covers the entire surface of the body and serves as a protective barrier against external factors, such as germs and harmful substances. The skin is composed of three layers of tissue: the epidermis, dermis, and hypodermis. It plays a crucial role in regulating body temperature, sensing touch, and synthesizing vitamin D. The skin, along with hair, nails, and skin-associated nerves and glands, is part of the integumentary system.

Looking after the skin is essential for maintaining overall health. Ensuring proper hydration, using high-quality skincare products, avoiding excessive sun exposure, and adopting a balanced diet are some ways to care for the skin. Various skin conditions, such as eczema and skin cancer, can develop if proper care is not taken. Understanding the importance of the skin and taking appropriate measures to protect it can contribute to overall well-being and better health.

The skin is the largest organ in the human body It covers a total area of about 20 square feet and weighs approximately six pounds The skin has several important functions, including protecting the body from external damage, regulating body temperature, and providing sensory information It is made up of three layers: the epidermis, the dermis, and the subcutaneous tissue The epidermis is the outermost layer and provides a barrier against environmental factors such as UV radiation and bacteria



The dermis contains blood vessels, nerves, and hair follicles, and is responsible for regulating body temperature The subcutaneous tissue is the deepest layer and consists of fat and connective tissue Overall, the skin is a vital organ that plays a crucial role in maintaining the health and well-being of the human body.

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