



What is the ranking of Pakistan in the 2023 Global Hunger Index?

75th

102nd

50th

125th

Show Answer...

Correct Answer: 102<sup>nd</sup>

# What is the ranking of Pakistan in the 2023 Global Hunger Index?

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B. 102nd

C. 50th

D. 125th

Answer: B) 102nd

## Pakistan's 2023 Global Hunger Index Ranking: **Serious Concerns**

The Global Hunger Index (GHI) is a crucial measurement tool used to assess and track hunger worldwide. It provides insights into the state of hunger in countries, revealing their progress or challenges in addressing this critical issue. The 2023 Global Hunger Index rankings have been published, and Pakistan's position is a topic of concern.

## **Understanding the Global Hunger Index:**

The Global Hunger Index assesses the severity of hunger on a global scale, encompassing various factors such as undernourishment, child wasting, child stunting, and child mortality. The GHI rankings categorize countries into four groups: low, moderate, serious, or alarming levels of hunger. Each category corresponds to a specific GHI score, which indicates the severity of hunger in the country.



### Pakistan's Ranking in the 2023 Global Hunger Index:

In the **2023 Global Hunger Index**, **Pakistan** ranks 102nd out of the 125 countries with sufficient data to calculate their 2023 GHI scores. This ranking reflects the serious concerns regarding hunger and nutrition in the country.

The GHI score for Pakistan in 2023 is 26.6, which places it in the category of serious hunger. This score is derived from various indicators, including the prevalence of undernourishment, child wasting, child stunting, and child mortality. These indicators collectively paint a picture of the nutritional status and well-being of a nation's population.

### **Implications of Pakistan's Ranking:**

Securing the 102nd position with a serious level of hunger indicates that there is much work to be done in addressing the nutritional challenges faced by Pakistan. Hunger, particularly among children, can lead to long-term health and developmental issues. It's essential to focus on comprehensive policies and interventions that aim to alleviate these problems.

## The Road Ahead:

The Global Hunger Index is not just a report but a call to action. Pakistan, like many other nations, needs to prioritize food security, access to nutritious meals, and healthcare to improve the nutritional well-being of its population. This may involve investing in agriculture, ensuring clean water sources, promoting breastfeeding and early childhood nutrition, and strengthening healthcare systems.

As countries strive to meet the Sustainable Development Goals (SDGs), tackling hunger is a fundamental step toward achieving these objectives. Hunger and malnutrition are interconnected with various aspects of human development, from health to education and economic growth. By addressing these issues, countries like Pakistan can work towards a healthier and more prosperous future for their citizens.



## What is Global Hunger Index (GHI)?

Understanding the Global Hunger Index Scores

The serves as a crucial tool for assessing and monitoring hunger on a global, regional, and national scale. GHI scores are determined by the values of four key indicators:

Undernourishment: This indicator measures the proportion of the population experiencing insufficient caloric intake. In simpler terms, it reflects how many people aren't getting enough food to meet their basic energy needs.

Child Stunting: Child stunting assesses the percentage of children under the age of five who exhibit low height for their age. This condition primarily results from chronic undernutrition, indicating that these children have been undernourished for an extended period.

Child Wasting: Child wasting evaluates the percentage of children under the age of five with low weight for their height. Unlike stunting, wasting is associated with acute undernutrition, implying that these children have faced recent or severe food shortages.

Child Mortality: Child mortality focuses on the proportion of children who do not survive beyond their fifth birthday. This measure is influenced by a combination of inadequate nutrition and unhealthy living conditions, reflecting the lethal consequences of hunger.

These four indicators collectively contribute to the calculation of a GHI score, which is depicted on a 100-point scale. The GHI score signifies the seriousness of hunger in a particular region or country, with 0 being the best score (indicating the absence of hunger) and 100 being the worst.

Each country's GHI score is classified based on severity, ranging from low levels of hunger to extremely alarming situations. This classification helps us better comprehend and address the various challenges related to hunger on a global scale.

Understanding and monitoring the GHI scores are critical steps in addressing the



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issue of hunger, both in our respective nations and across the world. By grasping the severity of hunger in different regions, we can work towards implementing effective strategies and policies to reduce and ultimately eradicate hunger on a global scale.

In conclusion, the 2023 Global Hunger Index ranking of 102nd with a serious level of hunger is a reminder that Pakistan must intensify its efforts to combat hunger and malnutrition. This is not just a statistic but a reflection of the wellbeing and future of its people. It is a call to action to prioritize food security and nutrition, particularly among vulnerable populations, to build a healthier and more prosperous nation.

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