



What was the main source of food during the Old Stone Age?

# What was the main source of food during the Old Stone Age?

- A. Farming
- B. Fishing
- C. Hunting and gathering
- D. Fishing and hunting

Show Answer...

**Correct Answer: C. Hunting and gathering**

## The main source of food during the Old Stone Age

During the Old Stone Age, early humans relied heavily on hunting and gathering for their food. They hunted wild animals such as deer, bison, and mammoths for meat, and gathered fruits, nuts, and vegetables for carbohydrates and other nutrients. Farming was not yet practiced during this time period, so early humans did not have the ability to grow their own food. The blessing was not a method of food acquisition during this time period.