



When is Breast Cancer Awareness Month celebrated worldwide?

When is Breast Cancer Awareness Month celebrated worldwide?

January

October

May

December

Show Answer...

**Correct Answer: October**

## When is Breast Cancer Awareness Month celebrated worldwide?

A. January

B. October

C. May

D. December

*Answer: October*

Every October, the world observes Breast Cancer Awareness Month, symbolized by the color pink, to unite against breast cancer. In Pakistan, people wear pink ribbons to show solidarity with breast cancer patients, survivors, and their families. Breast cancer affects a broad spectrum of society, transcending social boundaries, and is thus a cause of great importance. Pakistan had over 25,000 new breast cancer cases and more than 13,000 deaths from the disease in 2020. Unfortunately, Pakistan has the highest breast cancer incidence rate among Asian countries, with one in every nine women at risk. To address this issue, it is crucial to combat the social stigma associated with breast health discussions, promote early detection through self-examinations and professional screenings, make screening more accessible and affordable, and enhance psychological and rehabilitative support for patients and their families. The state should invest in healthcare infrastructure, including specialized facilities and professionals, to combat this formidable adversary. During Breast Cancer Awareness Month, Pakistanis wear pink ribbons in solidarity with breast cancer patients. Breast cancer is a widespread issue in Pakistan, with over 25,000 new cases and 13,000 deaths in 2020. Pakistan has the highest breast cancer incidence rate among Asian countries, with one in every nine women at risk. To combat this, it's



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essential to reduce social stigma, promote early detection, increase accessibility to screenings, offer affordable diagnostic tests, and provide psychological and rehabilitative support for patients and families. Investment in healthcare infrastructure and professionals is necessary to fight breast cancer effectively.

## ***SOLUTIONS of The Problem:***

### ***Promoting Breast Health Awareness:***

- *Educational Campaigns:* Launch nationwide educational campaigns to remove social stigmas surrounding breast health discussions and encourage self-examinations and screenings.
- *Media and Community Engagement:* Utilize media and community initiatives to raise awareness about the importance of early detection and treatment.

### ***Access to Screening and Treatment:***

- *Mobile Clinics:* Introduce mobile screening clinics to reach rural areas where healthcare access is limited.
- *Affordable Diagnostic Tests:* Subsidize or reduce the cost of diagnostic tests to make them more affordable for a broader demographic.

### ***Support for Patients and Families:***

- *Psychological Support:* Offer counseling and psychological support services for patients and their families to cope with the emotional aspects of the disease.
- *Rehabilitative Services:* Establish rehabilitation programs to aid patients in their recovery and quality of life.

### ***Improving Healthcare Infrastructure:***

- *Specialized Facilities:* Invest in specialized cancer treatment facilities to ensure access to advanced medical care.
- *Professionals Training:* Develop training programs to address the shortage of

healthcare professionals, including oncologists and radiologists.

## ***IMPORTANT Facts and Figures of Breast Cancer in Pakistan:***

- Over 25,000 new cases of breast cancer were reported in Pakistan in 2020.
- The disease claimed the lives of over 13,000 women in Pakistan.
- Pakistan has the highest incidence rate of breast cancer among Asian countries, with one in every nine women at risk.
- Breast Cancer Awareness Month is celebrated globally in October, symbolized by the color pink.

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