

Which of the following is also known as human kinetics?

- A. Biomechanics
- B. Physiotherapy
- C. Kinesiology
- D. Exercise Science

Show Answer...

Correct Answer: C. Kinesiology

Kinesiology:

Kinesiology is the branch of physiology that studies the mechanics and anatomy in relation to human movement. Kinesiology is also known as human kinetics. It is the scientific study of both human movement and non-human body movement. Kinesiology addresses physiological, biomechanical and psychological mechanisms of movement.



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